

# Sapa Medium Trekking 3 days - Hotel & Homestay

## Trip overview

You will breathe fresh air and relax your mind while walking through the rustic village streets of Sapa. Meet and connect with gentle and hospitable minority people while staying in one of their homestays. Then feel amazed by the beauty of time when visiting ancient places that are hundreds of years old. 'Sapa Medium Trekking 3 Days - Hotel & Homestay' promises to bring you unforgettable experiences right in the romantic Northwest region of Sapa.

- **Durations:** 3 days
- **Trip outline:** Y Linh Ho Village - Lao Chai Village - Ta Van Village - Giang Ta Chai Village - Supan Village - Cat Cat Village - Sin Chai Village
- **Price from:** US \$118/person
- **Tour inquiry:** <https://besttratetours.com/vietnam-tours/sapa-medium-trekking-3-days-hotel-homestay.html>

## Trip outline

day	Activities	Accommodations	Meals
	Morning departure		
Day 1	Sapa - Y Linh Ho - Lao Chai - Ta Van	Home-stay at a Giay local house	Picnic Lunch, Dinner
Day 2	Ta Van - Giang Ta Chai - Supan - Sapa	Hotel in Sapa	Breakfast, Picnic Lunch, Dinner
Day 3	Sapa - Cat Cat village - Sapa	NA	Breakfast, Picnic Lunch
	Afternoon departure		
Day 1	Sapa - Cat Cat - Sin Chai - Hotel in Sapa	Hotel in Sapa	Picnic Lunch, Dinner
Day 2	Sapa - Lao Chai - Ta Van - Sapa	Homestay at Tavan Village	Breakfast, Picnic Lunch, Dinner
Day 3	Ta Van - Giang Ta Chai - Supan - Sapa	NA	Breakfast, Picnic Lunch

## Itinerary

## : Morning departure

### Day 1: Sapa - Y Linh Ho - Lao Chai - Ta Van

#### Morning

**09:00:** Start a trekking trip 6km down southeast to [Y Linh Ho Village](#) of the Black H'mong - a village surrounded by the Hoang Lien Son mountain range. When visiting the village, you will view the magnificent Hoang Lien Son mountain range as well as the lovely, innocent black H'mong children dressed in distinctive brocade clothing.

We will continue 2km trekking down to **Lao Chai Village** to view the peaceful, pristine beauty of the high mountains. Enjoy a picnic lunch at a local family.

#### Afternoon and Evening

Walk through some lovely terraced rice fields to [Ta Van Village](#) of the Giay minority people. Ta Van Village is home to many different ethnic groups, so this is an excellent opportunity to learn more about their humble way of life while also preserving the beauty of the people here via photographs.

Overnight at homestay at that village.

**Meals:** Picnic Lunch, Dinner

**Accommodation:** Home-stay at a Giay local house

### Day 2: Ta Van - Giang Ta Chai - Supan - Sapa

#### Morning

After having breakfast at the homestay, we will take an 8 km walk to visit 2 villages of the Red Dao and H'mong which are **Giang Ta Chai Village** and **Supan Village**. With serene surroundings and attractive terraced fields, visiting these two villages will make you feel like entering a fairy tale.

Enjoy a picnic lunch.

#### Afternoon

We will catch the jeep to return to Sapa Town and check in at the hotel after the tour.

Freetime to explore until dinner.

**Meals:** Breakfast, Picnic Lunch, Dinner

**Accommodation:** Hotel in Sapa

### Day 3: Sapa - Cat Cat village - Sapa

#### Morning

Check out the hotel and walk down to Southwest of Sapa to visit [Cat Cat village](#). The village is well-known not just for its picturesque environment, but also for the ethnic diversity of its residents.

Have time to relax by the stunning waterfall and pay a trip to see the vestige of a **Hydroelectric Power Station** that was one of the earliest hydroelectric projects in Vietnam and Indochina, built by the French in 1925.

Enjoy a picnic lunch by the side of the river.

#### Afternoon

We will trek 6 km to **Sin Chai Village**, then return to Sapa after the expedition

**Meals:** Breakfast, Picnic Lunch

**Accommodation:** NA

## : Afternoon departure

### Day 1: Sapa - Cat Cat - Sin Chai - Hotel in Sapa

#### Afternoon and Evening

**13:00:** You will be picked up and walking down 3km to visit **Cat Cat Village**. Cat Cat Village which is well-known not just for its picturesque environment, but also for the ethnic diversity of its residents.

We will chill next to the stunning waterfall and explore the hidden beauty of a **Hydroelectric Power Station**. This is one of the earliest hydroelectric projects in Vietnam and Indochina, built by the French in 1925.

We will continue trekking 3 km to [Sin Chai Village](#), located more than 2 km from Sa Pa town center, surrounded by vast hills. We can witness the ethnic people here carefully farming rice on tiered fields like a wonderful labor picture.

**16:00:** We will catch the jeep to return to Sapa Town and check in at the hotel

Freetime to explore Sapa on your own

**Meals:** Picnic Lunch, Dinner

**Accommodation:** Hotel in Sapa

### Day 2: Sapa - Lao Chai - Ta Van - Sapa

At **07:00:** Have breakfast at the hotel

Around **09:00:** You will trek down southeast of Sapa to **Y Linh Ho Village** of Black H'mong - a village surrounded by the Hoang Lien Son mountain range. When visiting the village, you will view the magnificent Hoang Lien Son mountain range as well as the lovely, innocent black H'mong children dressed in distinctive brocade clothing.

Take 3 km trekking down to [Lao Chai Village](#) to view the peaceful, pristine beauty of the high mountains. Enjoy a picnic lunch at a local family.

#### Afternoon

We will have a 4 km trek through terraced rice fields to **Ta Van Village** of the Giay minority people. Ta Van Village is home to many different ethnic groups, so this is an excellent opportunity to learn more about their humble way of life while also preserving the beauty of the people here.

Overnight at homestay at the village.

**Meals:** Breakfast, Picnic Lunch, Dinner

**Accommodation:** Homestay at Tavan Village

### Day 3: Ta Van - Giang Ta Chai - Supan - Sapa

#### Morning

After breakfast, we will take an 8 km walk to visit 2 villages of the Red Dao and H'mong which are **Giang Ta Chai Village** and **Supan Village**. With serene surroundings and attractive terraced fields, visiting these two villages will make you feel like entering a fairy tale.

Enjoy a picnic lunch after the excursion

### **Afternoon**

Catch the jeep to return to Sapa Town. The tour ends at around **15:30 or 16:00**.

**Meals:** Breakfast, Picnic Lunch

**Accommodation:** NA

## **Booking Policy**

### **Inclusion**

- Accommodation in hotel & home-stay
- All transport as per itinerary
- English speaking guide
- All entrance tickets to indicated sites
- Meals as indicated in the program (2 breakfasts; 3 picnic lunches; 2 dinners)

### **Exclusion**

- **Hotel EARLY check in & LATE check out**
- Transfer by bus/train Hanoi - Sapa - Hanoi (**book in next step**)
- Tips, laundry and gratuities
- Meals not marked on itinerary, and bottled water

### **Cancellation Policy**

- **30% of total package price should be deposited once the booking is confirmed**
- Cancellation received less than 72 hours prior arrival date or No show: full charge the total package tour
- Cancellation received from 4 days to 14 days prior arrival date: 50% of total package tour charged
- Cancellation received from 15 days to 20 days prior arrival date: 10% of total package tour charged

### **Children Policy**

- The rate for children applicable for one child sharing a twin or double cabin with two adults.
- For infants (<04 years old): FOC except for domestic flight tickets.
- 04 - under 11 years old without bed: 50% adult rate.
- 04 - under 11 years old with extra bed: 75% adult rate.

- 04 - under 11 years old in twin share: 90% adult rate.
- From 11 years old: count as an adult.

## WHY BOOK WITH US?

### Best Rate Guaranteed

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