

Exclusive Vietnam Surgical & Spa Retreat 10 days

This Exclusive Vietnam Surgical & Spa Retreat offers a seamless blend of premium cosmetic procedures and luxurious relaxation over 9 days. Guests receive expert consultations and undergo advanced surgeries at a top-tier hospital, followed by attentive post-operative care and a comfortable recovery in a 5-star setting. With personalized medical support and a tranquil environment, this retreat ensures both aesthetic enhancement and holistic well-being.

- **Durations:** 9 days
- **Trip outline:**
- **Price from:** US \$1622/person
- **Tour inquiry:** <https://bestratetours.com/vietnam-tours/exclusive-vietnam-surgical-spa-retreat-10-days.html>

Trip outline

day	Activities	Accommodations	Meals
Day 1	Arrival - Hotel check in - Welcome dinner	Hotel in Hanoi/ Halong/ Nha Trang/ Danang/ Ho Chi Minh/ Phu Quoc	Dinner
Day 2	Hospital transfer - Pre Examination - Back to Hotel	Hotel in Hanoi/ Halong/ Nha Trang/ Danang/ Ho Chi Minh/ Phu Quoc	Breakfast
Day 3	Surgery Day - Stay at 5-Star Hospital's accommodation	5-Star Hospital's accommodation	Breakfast
Day 4	Free check and re-examination in Hospital	5-Star Hospital's accommodation	Breakfast
Day 5	Free check and re-examination in Hospital - Back to your hotel	Hotel in Hanoi/ Halong/ Nha Trang/ Danang/ Ho Chi Minh/ Phu Quoc	Breakfast
Day 6	Free Day	Hotel in Hanoi/ Halong/ Nha Trang/ Danang/ Ho Chi Minh/ Phu Quoc	Breakfast
Day 7	Free Day	Hotel in Hanoi/ Halong/ Nha Trang/ Danang/ Ho Chi Minh/ Phu Quoc	Breakfast
Day 8	Free Day	Hotel in Hanoi/ Halong/ Nha Trang/ Danang/ Ho Chi Minh/ Phu Quoc	Breakfast
Day 9	Free check and re-examination in Hospital	Hotel in Hanoi/ Halong/ Nha Trang/ Danang/ Ho Chi Minh/ Phu Quoc	Breakfast
Day 10	Departure	NA	Breakfast

Itinerary

Day 1: Arrival - Hotel check in - Welcome dinner

Upon landing in the city, you will be warmly welcomed by a driver and transferred to a luxurious hotel in the heart of the city. Enjoy a seamless check-in and take some time to unwind in your elegant surroundings.

As the evening sets in, indulge in a welcome dinner at a renowned local restaurant, where you will savor authentic cuisine crafted with the finest ingredients. This exquisite dining experience offers a perfect introduction to the rich flavors and warm hospitality of your destination, setting the tone for an unforgettable journey ahead.

Meals: Dinner

Accommodation: Hotel in Hanoi/ Halong/ Nha Trang/ Danang/ Ho Chi Minh/ Phu Quoc

Day 2: Hospital transfer - Pre Examination - Back to Hotel

Your medical transformation journey begins with a comfortable hospital transfer, where you will be welcomed by the medical team. During a comprehensive pre-examination, doctors will assess your health and discuss personalized treatment options, ensuring the best approach for your desired results.

Vinmec Aesthetic System is led by senior experts in non-invasive internal aesthetic medicine, who also provide training and technical transfer across the entire network. They offer advanced internal aesthetic services, including skin treatment, PRP, EV therapy, facial rejuvenation, lifting procedures, and stem cell applications.

Their skilled team of nurses, technicians, and specialists ensures professional care at every stage. All procedures are performed in a 5-star JCI-accredited international hospital, with safe anesthesia techniques and strict adherence to global surgical safety guidelines through multidisciplinary coordination.

- Vaser Liposuction

A minimally invasive body contouring procedure using ultrasound-assisted fat removal. It targets stubborn fat while preserving surrounding tissues, resulting in smoother outcomes and faster recovery. General anesthesia combined with ESP (Erector Spinae Plane) pain block ensures maximum comfort.

- Breast Implant Surgery

Enhances breast volume and shape using silicone implants placed under the breast tissue or muscle. Performed under general anesthesia with ESP pain control for optimal post-op comfort. Offers natural results with a short recovery period.

- Nose Surgery with Tip Plasty (Structural Rhinoplasty)

A detailed nasal reconstruction focused on improving the nasal tip and overall structure. Ideal for clients seeking both cosmetic and functional improvement. Conducted under general anesthesia with same-day discharge.

- Nasal Bone Reshaping Surgery

Targets correction of the nasal bone for shape, balance, or breathing issues. It is a structural procedure performed under general anesthesia. Clients are discharged on the same day and recover within 5–7 days.

- Lower Eyelid Fat Removal / Double Eyelid Surgery + Ptosis Correction

Addresses sagging or puffy lower eyelids and drooping upper eyelids. Enhances eye contour and visual alertness through incisional techniques. Performed under local anesthesia with sedation, with a short recovery time.

- Breast Reduction Surgery

Removes excess breast tissue and skin to reduce volume, improve comfort, and enhance proportion. Particularly effective for cases of macromastia and chronic shoulder/back pain. General anesthesia and ESP pain control are used for a smoother recovery.

- Rib Cartilage Rhinoplasty

A high-precision rhinoplasty technique using the patient's own rib cartilage for natural, long-lasting results. Best suited for structural corrections or revision cases. Requires general anesthesia and 1-day hospital stay.

- Areola Reduction

Reduces the size and repositions the areola to restore breast symmetry and proportion. Ideal for post-breastfeeding or natural asymmetries. Conducted under local anesthesia with sedation and same-day discharge.

- Vaginal Rejuvenation

Improves the aesthetic and functional condition of the intimate area. Can be performed under local anesthesia with sedation or general anesthesia. Minimally invasive with fast recovery and same-day discharge.



Meals: Breakfast

Accommodation: Hotel in Hanoi/ Halong/ Nha Trang/ Danang/ Ho Chi Minh/ Phu Quoc

Day 3: Surgery Day - Stay at 5-Star Hospital's accommodation

Your transformation begins today. Under the care of highly skilled surgeons, your selected procedures will be performed in a modern hospital equipped with cutting-edge technology.

Following surgery, you will stay in a 5-star hospital accommodation, ensuring personalized post-operative care and monitoring for a smooth recovery.

Meals: Breakfast

Accommodation: 5-Star Hospital's accommodation

Day 4: Free check and re-examination in Hospital

After a restful night at the hospital's accommodation, you will undergo a meticulous post-operative check-up under the close supervision of dedicated medical team.

Detailed recovery instructions and your personalized healing plan will be carefully reviewed to ensure a smooth and safe recuperation. This essential step allows for early intervention in case of discomfort and provides personalized recovery guidance.

Meals: Breakfast

Accommodation: 5-Star Hospital's accommodation

Day 5: Free check and re-examination in Hospital - Back to your hotel

Before being discharged, you will undergo another detailed check-up to evaluate your progress.

After receiving customized recovery instructions, you will be comfortably transferred back to your hotel, where you can continue your healing in a private and serene environment.

Meals: Breakfast

Accommodation: Hotel in Hanoi/ Halong/ Nha Trang/ Danang/ Ho Chi Minh/ Phu Quoc

Day 6: Free Day

Take the day to fully rest and rejuvenate. Follow post-surgery care recommendations, stay hydrated, and engage in light movement as advised by your doctors.

Meals: Breakfast

Accommodation: Hotel in Hanoi/ Halong/ Nha Trang/ Danang/ Ho Chi Minh/ Phu Quoc

Day 7: Free Day

Enjoy a leisurely day in the city at your own pace. You can also indulge in a spa session, shopping, or a street food experience to savor the city's rich flavors. End the day with a relaxing evening, soaking in the city's vibrant yet peaceful ambiance.

Meals: Breakfast

Accommodation: Hotel in Hanoi/ Halong/ Nha Trang/ Danang/ Ho Chi Minh/ Phu Quoc

Day 8: Free Day

Dedicate another day to gentle recovery, focusing on nutrition, hydration, and light activities that promote healing. This period allows your body to adjust and rejuvenate naturally.

Meals: Breakfast

Accommodation: Hotel in Hanoi/ Halong/ Nha Trang/ Danang/ Ho Chi Minh/ Phu Quoc

Day 9: Free check and re-examination in Hospital

Return to the hospital for another free re-examination to track your healing progress. Doctors will ensure everything is on the right path and provide any necessary adjustments to your recovery plan.

Meals: Breakfast

Accommodation: Hotel in Hanoi/ Halong/ Nha Trang/ Danang/ Ho Chi Minh/ Phu Quoc

Day 10: Departure

On your final day, enjoy a light breakfast at your hotel before catching a flight home.

As your transformational journey concludes, you will be transferred to the airport for your departure flight, feeling refreshed, confident, and revitalized. The medical team remains available for remote follow-ups to ensure your long-term satisfaction and well-being.

Meals: Breakfast

Accommodation: NA

Booking Policy

Inclusion

- Overnight in shared Twin/ Double room with Air-condition (AC) at hotel.
- All transport during tour on air - conditioned vehicle as per itinerary (including airport pick up & see off)
- Meals as indicated in the program
- All entrance fees as itinerary
- 2-3 nights stay at 5 star luxury hospital depends on your health condition

Exclusion

- Hotel EARLY check in & LATE check out
- Peak season surcharge & compulsory dinner at the hotel (if any)
- International flights with taxes
- Surgery costs
- Vietnam Visa (above 6 months passport Valid & 3 clear-page require)
- Travel Insurance
- Tips, laundry and gratuities
- Meals not marked on itinerary, and water during meals

Cancellation Policy

- Cancellation received before 60 days: FREE of charge
- Cancellation received from 30 days to 59 days prior arrival date: 10% of total rate
- Cancellation received from 15 days to 29 days prior arrival date: 30% of total rate
- Cancellation received from 7 days to 14 days prior arrival date: 50% of total rate
- Cancellation received less than 7 days prior arrival date or No show: 100% of total rate

Children Policy

- The rate for children applicable for one child sharing a twin or double cabin with two adults.
- For infants (<04 years old): FOC except for domestic flight tickets.
- 04 - under 11 years old without bed: 50% adult rate.
- 04 - under 11 years old with extra bed: 75% adult rate.
- 04 - under 11 years old in twin share: 90% adult rate.
- From 11 years old: count as an adult.

WHY BOOK WITH US?

Best Rate Guaranteed

Offering the BEST RATE package which is worthy of your payment.

Money Back Guaranteed

In case the service we provide is not qualified enough, except for out-of-control situations such as weather conditions. We will investigate your case and will offer the reimbursement once your complaint is rational.

Customizable by local experts

Local consultants with rich of knowledge will give you the most suitable itineraries for you.

BEST RATE TOURS., JSC

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