

Vietnam Premium Surgery & Spa Experience 10 days

Trip overview

The Vietnam Premium Surgery & Spa Experience 10 Days combines world-class aesthetic treatments with a luxurious cultural escape. Guests begin their journey with advanced cosmetic procedures, cutting-edge skincare treatments, and attentive post-operative care in a 5-star setting. After recovery, you embark on a serene retreat to Hoi An and Cham Island, immersing yourself in Vietnam's rich history, vibrant local life, and breathtaking coastal landscapes before departure.

- **Durations:** 10 days
- **Trip outline:**
- **Price from:** US \$2199/person
- **Tour inquiry:** <https://bestratetours.com/vietnam-tours/vietnam-premium-surgery-spa-experience-10-days.html>

Trip outline

day	Activities	Accommodations	Meals
Day 1	Hanoi Arrival & Welcome Dinner	Hotel in Hanoi	Dinner
Day 2	Pre-Surgery Consultation & Aesthetic Treatments	Hotel in Hanoi	Breakfast
Day 3	Surgery Day - Stay at 5-star Hotel	5-star hotel	Breakfast
Day 4	Free Day to Relax	5-star hotel	Breakfast
Day 5	Premium Health Care & Therapy Package - Back to your hotel	Hotel in Hanoi	Breakfast
Day 6	Hanoi - Fly to Hoi An	Hotel in Hoi An	Breakfast
Day 7	Hoi An Half Day City Tour	Hotel in Hoi An	Breakfast
Day 8	Discover Cham Island full day	Hotel in Hoi An	Breakfast
Day 9	Continued Recovery & Spa Indulgence	Hotel in Hoi An	Breakfast
Day 10	Departure	NA	Breakfast

Itinerary

Day 1: Hanoi Arrival & Welcome Dinner

Upon landing at Noi Bai International Airport, guests are warmly welcomed and escorted to a luxurious hotel, where every detail exudes elegance and comfort. The seamless check-in process allows you to unwind in a beautifully designed room, offering a perfect retreat after your journey.

As the evening unfolds, join an exquisite welcome dinner in a refined setting, where impeccable service and gourmet cuisine create an unforgettable experience. This first night sets the stage for your transformative journey, blending modern sophistication with the rich cultural charm of the destination, ensuring a perfect beginning to your retreat.

Meals: Dinner

Accommodation: Hotel in Hanoi

Day 2: Pre-Surgery Consultation & Aesthetic Treatments

Begin your aesthetic enhancement journey with a comfortable transfer to the hospital or medical center for a detailed consultation and pre-examination. Top specialists will assess your needs and customize your treatment plan:

- Advanced Skin Rejuvenation, Collagen Repair & Facial Lifting with Vinmec's Exclusive Stem Cell Technology

This is a high-tech facial rejuvenation treatment that combines New MFU (Microfocused Ultrasound) energy and bipolar RF to stimulate deep collagen production and skin tightening. Exclusive stem cell and Exosome EV serums accelerate skin repair, restore elasticity, and deliver visible lifting effects.

The treatment smooths fine lines, erases nasolabial folds, and reduces double chin fat. Non-invasive, painless, and highly effective within a 120-minute session without hospital stay.

- Wrinkle Removal for Forehead, Glabella & Crow's Feet with Botulinum Toxin

Utilizing an advanced injection technique transferred from View Plastic Surgery Hospital (Korea), this treatment targets deep-set forehead lines, frown lines, and crow's feet in a single session. It uses Allergan Botox (USA), FDA-approved and officially licensed by Vietnam's Ministry of Health.

Clients witness safe, instant results with sealed, verified packaging opened in front of them. The 60–75 minute procedure is non-invasive, pain-free, and requires no downtime.

- Smile Line Filler & Baby Cheek Restoration with Restylane Booster

This filler-based therapy gently lifts nasolabial folds and enhances mid-face volume using Restylane Vital Light Booster (Switzerland) – a highly purified hyaluronic acid serum with FDA approval. The injection technique is professionally transferred from View Plastic Surgery Hospital, Korea, ensuring precise, natural results.

Each product is verified for safety, with packaging opened in the client's presence. The procedure takes 60–75 minutes, is non-invasive and offers immediate facial rejuvenation without hospital stay.

After the consultation, you will return to your hotel to relax and prepare for the next day.

Meals: Breakfast

Accommodation: Hotel in Hanoi

Day 3: Surgery Day - Stay at 5-star Hotel

Under the care of highly skilled professionals, your selected non-surgical and surgical treatments will be performed.

After the procedures, you will stay in 5-star hotel, where you will enjoy premium post-operative care in a private, comfortable setting.

Meals: Breakfast

Accommodation: 5-star hotel

Day 4: Free Day to Relax

Take the day to rest and allow your body to heal. Follow post-care instructions, stay hydrated, and enjoy a peaceful recovery environment to optimize results.

You will relax in the spacious comfort of a hotel suite and experience a personalized recovery journey designed to restore balance and well-being.

Meals: Breakfast

Accommodation: 5-star hotel

Day 5: Premium Health Care & Therapy Package - Back to your hotel

Experience a comprehensive wellness journey with our premium health care and therapy package, designed to blend traditional Eastern medicine with modern holistic healing.

- Expert Consultation – Meet with Traditional Medicine Specialists, who use Tu Chan (Four Diagnostic Methods)
- Specialized treatments such as acupressure massage, cupping therapy, acupuncture, and herbal steam therapy
- Enjoy therapeutic cuisine featuring herbal-infused dishes

Afterward, return to your hotel for continued relaxation and recovery.

Meals: Breakfast

Accommodation: Hotel in Hanoi

Day 6: Hanoi - Fly to Hoi An

Begin the next chapter of your journey with a flight to Hoi An, a city celebrated for its timeless beauty and tranquil landscapes. Start the morning with a leisurely breakfast at the hotel before transferring to the airport for a domestic flight.

Upon arrival, settle into a charming boutique hotel that blends Hoi An's rich cultural heritage with modern elegance. The rest of the day is yours to enjoy - take a quiet stroll through the surrounding streets, soak in the town's unique atmosphere, or simply unwind in the comfort of your beautifully designed room.

As the sun sets, let the gentle rhythm of Hoi An prepare you for the cultural discoveries ahead. Whether wandering through lantern-lit alleyways or discovering the town's rich history, you can fully appreciate its charm and timeless beauty.

Meals: Breakfast

Accommodation: Hotel in Hoi An

Day 7: Hoi An Half Day City Tour

Stroll through the historic heart of Hoi An on a guided walking tour, exploring its UNESCO-listed streets where Eastern and Western influences blend harmoniously.

The journey starts at **08:00** with a convenient hotel pickup, leading you into the enchanting streets of this ancient town. As you stroll along the winding alleys near the **Thu Bon River**, the town's rich history unfolds before your eyes, revealing a harmonious blend of Eastern and Western influences shaped by traders from China, Japan, and Europe.

The tour's first stop is the iconic **Japanese Covered Bridge**, one of Hoi An's most famous landmarks. Built in the 17th century by Japanese merchants, this beautifully preserved structure features a distinctive arched roof, ornate carvings, and a small temple dedicated to the northern god of weather. As you walk across its timeworn wooden planks, feel the echoes of the past that make this bridge a symbol of Hoi An's multicultural heritage.



Next, visit the magnificent **Fujian Assembly Hall**, an architectural gem built by Chinese immigrants from Fujian province. Marvel at its elaborate gates, intricate carvings, and stunning altars dedicated to Thien Hau, the goddess of the sea. This historical site serves as both a place of worship and a testament to the deep-rooted Chinese influence in Hoi An's development.

Immerse yourself in local culture at Hoi An's bustling **wet market**, where vibrant stalls overflow with fresh produce, aromatic spices, and the lively chatter of merchants.

Conclude the tour with a leisurely stroll through the Old Town, where skilled artisans craft unique souvenirs, perfect for capturing the essence of this charming city. At **12:00**, bid farewell to your guide as the tour comes to an end, leaving you with a deeper appreciation of Hoi An's rich history and cultural vibrancy.

Meals: Breakfast

Accommodation: Hotel in Hoi An

Day 8: Discover Cham Island full day

08:00 - 09:00 - Begin your adventure with a comfortable hotel pick-up in Hoi An and transfer to Cua Dai Pier.

09:00 - 10:00 - Board a speedboat to [Cham Island](#), a breathtaking marine reserve known for its crystal-clear waters and vibrant marine life. Upon arrival at Bai Lang Village, immerse yourself in the island's rich cultural heritage:

- Discover traditional craftsmanship as you visit a UNESCO-recognized handicraft village, where locals weave hammocks from cooper-beech trees, a time-honored skill passed down for generations.
- Experience the art of fishing by learning how local fishermen weave and mend their fishing nets - an essential practice of island life.
- Join a hands-on cooking session and learn to make Banh It La Gai, a delicious traditional cake made from sticky rice, green beans, and Gai leaves.
- Visit Ong Temple, a sacred site dedicated to the worship of whales, believed to be protectors of fishermen and sailors.

- Next, embark on an exhilarating snorkeling adventure at Bai Xep or Hon Dai (speedboat transfer). Spend **45 minutes** exploring the underwater world, where you'll encounter colorful coral reefs and diverse marine species.

After working up an appetite, indulge in a fresh seafood BBQ lunch at a restaurant.

Following lunch, take time to relax on the pristine sandy shores, swim in the turquoise waters, or simply soak in the island's tranquil atmosphere.

14:00 - 14:30 - Board the speedboat back to the mainland, followed by a comfortable transfer to your hotel in Hoi An, bringing your unforgettable island adventure to a close.



Meals: Breakfast

Accommodation: Hotel in Hoi An

Day 9: Continued Recovery & Spa Indulgence

Following days of cultural exploration, today is dedicated entirely to rest, recovery, and relaxation. Begin with a leisurely breakfast in the peaceful ambiance of your hotel, setting the tone for a day designed to restore balance and well-being.

You can immerse yourself in serenity with optional spa treatments crafted to ease tension and promote deep relaxation. Whether indulging in a gentle massage or a soothing wellness therapy, each experience is thoughtfully designed to enhance the healing process. The hotel's lush gardens provide the perfect backdrop for a leisurely stroll, while quiet reading corners offer a tranquil retreat for reflection.

Meals: Breakfast

Accommodation: Hotel in Hoi An

Day 10: Departure

As this transformative experience comes to an end, the final day unfolds at a gentle pace. Enjoy a leisurely morning and a farewell breakfast at the hotel, savoring the last moments of relaxation before departure.

The check-out process is smooth and hassle-free, allowing you to leave with cherished memories of the enriching cultural experiences, then head to the airport for your flight home.

Meals: Breakfast

Accommodation: NA

Booking Policy

Inclusion

- Overnight in shared Twin/ Double room with Air-condition (AC) at hotel.
- All transport during tour on air - conditioned vehicle as per itinerary (including airport pick up & see off)
- Meals as indicated in the program
- All entrance fees as itinerary
- Premium Health Care & Therapy Package 150-180mins

Exclusion

- Hotel EARLY check in & LATE check out
- Peak season surcharge & compulsory dinner at the hotel (if any)
- International flights with taxes
- Surgery costs
- Vietnam Visa (above 6 months passport Valid & 3 clear-page require)
- Travel Insurance
- Tips, laundry and gratuities
- Meals not marked on itinerary, and water during meals

Cancellation Policy

- Cancellation received before 60 days: FREE of charge
- Cancellation received from 30 days to 59 days prior arrival date: 10% of total rate
- Cancellation received from 15 days to 29 days prior arrival date: 30% of total rate
- Cancellation received from 7 days to 14 days prior arrival date: 50% of total rate
- Cancellation received less than 7 days prior arrival date or No show: 100% of total rate

Children Policy

- The rate for children applicable for one child sharing a twin or double cabin with two adults.
- For infants (<04 years old): FOC except for domestic flight tickets.
- 04 - under 11 years old without bed: 50% adult rate.
- 04 - under 11 years old with extra bed: 75% adult rate.

- 04 - under 11 years old in twin share: 90% adult rate.
- From 11 years old: count as an adult.

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Local consultants with rich of knowledge will give you the most suitable itineraries for you.

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