

Vietnam Luxury Wellness & Dental Care 14 days

Trip overview

Vietnam is emerging as a premier destination for health and wellness tourism, where modern medical excellence meets time-honored healing traditions. This carefully crafted journey takes you through vibrant cities and serene landscapes, offering a seamless blend of advanced dental care and holistic therapies. More than just a getaway, this transformative experience enhances both well-being and cultural connection, making Vietnam the ultimate destination for relaxation and renewal.

- **Durations:** 18 days
- **Trip outline:** Hanoi - Halong Bay - Sapa - Hoi An - Da Nang - Ho Chi Minh City - Mekong Delta
- **Price from:** US \$5499/person
- **Tour inquiry:** <https://bestratetours.com/vietnam-tours/vietnam-luxury-wellness-dental-care-14-days.html>

Trip outline

day	Activities	Accommodations	Meals
Day 1	Arrival in Hanoi & Welcome Dinner at Spices Villa	Hotel in Hanoi	Dinner
Day 2	Minish Veneer Package - General examination	Hotel in Hanoi	Breakfast
Day 3	Hanoi half day city tour with 60 Min Massage package	Hotel in Hanoi	Breakfast, Lunch
Day 4	Tooth grinding and sampling	Hotel in Ha Long	Breakfast
Day 5	Quang Phu Cau - Ninh Binh - Overnight in Ninh Binh	Hotel in Ninh Binh	Breakfast
Day 6	Halong Bay - Overnight on cruise (Optional Seaplane)	Halong Bay Cruise	Breakfast, Lunch, Dinner
Day 7	Halong Bay Cruise - Return to Hanoi	Hotel in Hanoi	Breakfast, Brunch
Day 8	Surgery Day at Vinmec Hospital	Hotel in Da Nang	Breakfast
Day 9	Free Day To Unwind	Hotel in Hanoi	Breakfast
Day 10	Free Check at Vinmec Hospital - Fly to Hoian	Hotel in Halong	Breakfast
Day 11	Hoi An City tour, Boat rider, drop flower lantern & food tour	Hotel in Hoi An	Breakfast
Day 12	Free Day to Enjoy Hoi An	Hotel in Hoi An	Breakfast

Day 13	Ba Na Hills full day tour - Overnight in Da Nang	Hotel in Da Nang	Breakfast, Lunch
Day 14	Da Nang - Flight to Ho Chi Minh for departure flight	NA	Breakfast

Itinerary

Day 1: Arrival in Hanoi & Welcome Dinner at Spices Villa

Upon your arrival at Noi Bai International Airport, our tour guide will warmly welcome you and provide a private transfer to your Hanoi hotel, ensuring a smooth check-in process. After settling in and taking some time to relax, you will embark on a culinary journey at Spices Villa Restaurant.

Spices Villa is renowned for its authentic Vietnamese cuisine, offering a menu that showcases the rich tapestry of Vietnam's culinary heritage. The restaurant's ambiance reflects traditional Vietnamese aesthetics, providing an inviting and intimate dining experience.

Guests can indulge in a variety of traditional dishes crafted with fresh, locally sourced ingredients, highlighting the diverse flavors of the region. Whether you are savoring classic favorites or exploring new tastes, Spices Villa promises a memorable introduction to Vietnamese gastronomy.



Meals: Dinner

Accommodation: Hotel in Hanoi

Day 2: Minish Veneer Package - General examination

Vinmec View Premium Dental Clinic partners exclusively with MINISH Dental Hospital, South Korea's top-tier dental institution, renowned for 16 years of excellence in premium veneers, whitening, implants, and orthodontics. Clients receive direct care in Vietnam from Korean MINISH experts or certified Vinmec View specialists without needing to travel abroad.

The Minish veneer technique is minimally invasive - completely painless, non-damaging, and does not require thinning of the tooth, using ultra-thin porcelain layers just 0.1 mm thick. These veneers are made from Minish-exclusive vita blocks, offering a hardness 12.5% stronger than natural teeth. Compared to market standards, Minish veneers use fewer adhesives and retain more of the original tooth structure.

The material mimics the properties of real teeth, ensuring both biological bite function and aesthetic appearance are preserved. The entire process takes just four days, including three days of veneer production in Korea. Patients benefit from long-lasting oral health and natural beauty with restored tooth and gum functionality.

- Proprietary Minish Vita Block material ensures thinner, stronger, and more natural-looking veneers.
- Requires less adhesive, minimizing impact on the original teeth.
- Restores both function and aesthetics for damaged teeth and gums.

Meals: Breakfast

Accommodation: Hotel in Hanoi

Day 3: Hanoi half day city tour with 60 Min Massage package

Begin your morning by gathering in your hotel lobby, where your expert guide will introduce the day's exciting itinerary. Your adventure starts with a visit to the **Ho Chi Minh Mausoleum**, the solemn final resting place of Vietnam's leader, complemented by a tour of his modest stilt house and the stately Presidential Palace that mirrors the country's colonial past.

Next, you marvel at the **One Pillar Pagoda** - an 11th-century architectural wonder that, with its lotus-like design, embodies the creative spirit and enduring cultural legacy of Vietnam.



The journey then leads you to the **Temple of Literature**, Vietnam's first university established during the Ly Dynasty, a revered center of learning dedicated to Confucius and the birthplace of many of the nation's scholars.

After immersing yourself in these historic landmarks, delight in a traditional Vietnamese meal at a local restaurant that captures the essence of the region's culinary art.

Afternoon

Relax with a **60-minute massage session**, a time-honored therapy that balances energy, enhances circulation, and relieves stress through expert kneading and deep pressure using natural herbal oils.

Meals: Breakfast, Lunch

Accommodation: Hotel in Hanoi

Day 4: Tooth grinding and sampling

On this day, our dental specialists will gently prepare your teeth for Minish Veneers.

This step guarantees a seamless, natural-looking smile with long-lasting durability while maintaining the integrity of your original teeth.

Meals: Breakfast

Accommodation: Hotel in Ha Long

Day 5: Quang Phu Cau - Ninh Binh - Overnight in Ninh Binh

08:00 - Our driver and guide will meet you at your hotel lobby in Hanoi Old Quarter and take you on a peaceful escape to Quang Phu Cau Incense Village.

09:15 - 09:30 - Arriving at the village, we will stroll through and observe the traditional incense-making process, including bamboo chopping, dyeing, paste application, and sun-drying.

Engage with friendly locals to gain insights into the history and significance of incense-making, then capture stunning photos of the vibrant, handcrafted incense bundles.

After immersing in the village's rustic charm, you will depart for Ninh Binh. Upon arrival, you will check in at your hotel and have time to relax before exploring this beautiful region on your own.

Meals: Breakfast

Accommodation: Hotel in Ninh Binh

Day 6: Halong Bay - Overnight on cruise (Optional Seaplane)

Morning

Escape the bustling city and embark on a luxurious 2-day, 1-night cruise through the breathtaking landscapes of Halong Bay. Your journey begins with a comfortable transfer from Ninh Binh to Halong.

Upon arrival, step aboard a premium cruise and enjoy a refreshing welcome drink while receiving a briefing on safety and itinerary details. As the cruise sets sail, indulge in a delightful lunch at the onboard restaurant, surrounded by the towering limestone karsts that define this UNESCO World Heritage site.

Afternoon

As the afternoon unfolds, unwind with a soothing spa or massage treatment (advance booking recommended). For those eager to explore, the cruise stops at **Sung Sot Cave (Surprise Cave)**, where a short climb rewards you with stunning rock formations and an awe-inspiring view of Halong Bay's vast seascape. Back on board, as the sun sets over the bay, join a **Vietnamese cooking class** or a traditional fruit and vegetable carving demonstration.

The evening brings a gourmet dinner served on deck, offering a blend of fresh seafood and local delicacies. Afterward, embrace the peaceful night atmosphere with activities such as squid fishing, board games, or simply sipping a cocktail while enjoying the tranquil surroundings. Rest comfortably in your well-appointed cabin, rocked gently by the bay's serene waters.

For an extraordinary perspective of Halong Bay, consider adding a **25-minute seaplane tour** to your itinerary. Departing from Tuan Chau Marina, this scenic flight offers a once-in-a-lifetime aerial view of the bay's stunning

limestone islands, hidden lagoons, and emerald waters.

NOTE: The itinerary may change depending on the specific cruise you book.

Meals: Breakfast, Lunch, Dinner

Accommodation: Halong Bay Cruise

Day 7: Halong Bay Cruise - Return to Hanoi

As dawn breaks over the serene waters of Halong Bay, wake up early to witness a breathtaking sunrise from the deck. The tranquil beauty of the bay at this hour, with golden light reflecting off the limestone karsts, is an experience like no other.

Enjoy a light breakfast with coffee and tea before joining a **Tai Chi session** on the sundeck, allowing you to rejuvenate your body and mind while surrounded by the peaceful seascape.



The adventure continues as the cruise makes its way to **Titop Island**, a stunning crescent-shaped retreat known for its unspoiled beach and panoramic views. You'll have ample time to hike up to the island's peak, where a 360-degree viewpoint offers one of the most mesmerizing sights in Halong Bay. If you prefer to relax, take a refreshing swim in the emerald waters or bask in the sun on the sandy shore.

Returning to the cruise, enjoy a delightful brunch while sailing through the bay's final scenic stretches. As the journey winds down, take in the last glimpses of Ha Long's breathtaking beauty before disembarking at Tuan Chau Port. A comfortable transfer awaits to take you back to Hanoi, ensuring a smooth and relaxing journey after an unforgettable cruise.

Meals: Breakfast, Brunch

Accommodation: Hotel in Hanoi

Day 8: Surgery Day at Vinmec Hospital

On this day, you will undergo your dental procedure at Vinmec Hospital, performed by expert specialists using state-of-the-art technology. The procedure will be conducted in a sterile, high-standard environment, ensuring safety, precision, and comfort.

Rest and relaxation are recommended for the remainder of the day.

Meals: Breakfast

Accommodation: Hotel in Da Nang

Day 9: Free Day To Unwind

Enjoy a leisurely day exploring Hanoi at your own pace. You can stroll around Hoan Kiem Lake, visit historic sites like the Temple of Literature, or experience local culture at the Old Quarter's bustling markets and cafés.

For relaxation, consider a spa treatment, a traditional Vietnamese coffee break, or a scenic cyclo ride through the city. If you're in the mood for shopping, Dong Xuan Market and local boutiques offer unique souvenirs.

Meals: Breakfast

Accommodation: Hotel in Hanoi

Day 10: Free Check at Vinmec Hospital - Fly to Hoian

On Day 6, join a check-up at Vinmec, where specialists provide personalized follow-up consultations to monitor your progress.

Once your medical review is complete, you will be transferred to the airport for your flight to Hoi An. Upon arrival, check in at your hotel and enjoy the rest of the day at your leisure - relax by the beach, explore the ancient town, or indulge in local cuisine.

Meals: Breakfast

Accommodation: Hotel in Halong

Day 11: Hoi An City tour, Boat rider, drop flower lantern & food tour

Start your day with a morning flight from Hanoi to the charming town of Hoi An, where history and culture merge seamlessly.

As the afternoon unfolds, your local guide will collect you from your hotel to lead you on an immersive journey through **Hoi An Ancient Town**. Your exploration starts at the bustling **Hoi An Market**, followed by visits to significant sites such as the Phuc Kien Chinese Assembly Hall and either the Tan Ky or Phung Hung Ancient House, where the legacy of ancestor worship comes vividly to life.

A stop at the Museum of Folk Culture and an art performance at the Hoi An Traditional Performing Arts House further enrich your understanding of local traditions.



Stroll through the centuries-old streets until you reach the iconic 400-year-old [Japanese Bridge](#), admired for its intricate carvings and timeless paintings. As you meander through quaint handicraft shops and local galleries, the enchanting atmosphere of lantern-lined streets invites you to a serene boat ride. Here, you'll join in the tradition of releasing flower lanterns, a heartfelt ritual to wish for good fortune for you and your loved ones.

Your culinary adventure continues as you savor local delicacies - sampling Vietnamese Banh Mi, the unique flavors of Cao Lau noodles, and the delicate taste of White Rose Dumplings, among other traditional treats - before your guide returns you to your hotel around **19:30**, concluding a day rich in culture, history, and gastronomic delights.

Meals: Breakfast

Accommodation: Hotel in Hoi An

Day 12: Free Day to Enjoy Hoi An

Enjoy an entire day in Hoi An at your own leisure, where every moment is yours to savor.

Start your day with a relaxed breakfast at a local cafe, then set out to explore the enchanting streets of this ancient town. Wander through the narrow alleys lined with centuries-old architecture, vibrant markets, and artful displays of local handicrafts. The town's timeless charm invites you to pause and immerse yourself in its rich cultural tapestry.

Meals: Breakfast

Accommodation: Hotel in Hoi An

Day 13: Ba Na Hills full day tour - Overnight in Da Nang

Morning

Welcome to Ba Na Hills, one of Vietnam's most breathtaking destinations tucked away in the Truong Son Mountains. Your adventure begins in the morning with a hotel pick-up in Da Nang, followed by a scenic drive to the Suoi Mo Cable Car Station.

Board the cable car and marvel at the panoramic views as you ascend to Marseille Station. Once there, your first stop is the world-renowned [Golden Bridge](#) - an architectural marvel supported by two colossal stone hands, offering stunning vistas over lush hills and forests.



Next, take a leisurely stroll through **Jardin D'Amour**, a charming garden adorned with vibrant flowers, artful fountains, and intricate sculptures. After soaking in the serene ambiance, enjoy a sumptuous Vietnamese buffet lunch featuring over 70 local specialties.

Afternoon

In the afternoon, immerse yourself in the fun and excitement of **Fantasy Park**, where a variety of rides and games cater to thrill-seekers and families alike.

Conclude your day by capturing the magnificent panorama from **King Peak** at an altitude of 1,487 meters before returning via the cable car. Finally, a comfortable transfer takes you back to your hotel in Da Nang, leaving you with unforgettable memories of this unique blend of nature, culture, and modern attractions.

Meals: Breakfast, Lunch

Accommodation: Hotel in Da Nang

Day 14: Da Nang - Flight to Ho Chi Minh for departure flight

After your time in Da Nang, you will be transferred to the airport for your flight to Ho Chi Minh City. Once in Ho Chi Minh, you'll have some free time before your departure flight. Enjoy any last moments in the city, whether it's shopping, sightseeing, or enjoying a meal, before heading to the airport for your flight home.

Meals: Breakfast

Accommodation: NA

Booking Policy

Inclusion

- Overnight in shared Twin/ Double room with Air-condition (AC) at hotel.
- All transport during tour on air - conditioned vehicle as per itinerary (including airport pick up & see off)
- Meals as indicated in the program
- All entrance fees as itinerary
- 01 massage body treatment in Hanoi
- Cost of Veneers Minish for 01 tooth
- 02 domestic flights Hanoi - Da Nang, Da Nang - HCMC

Exclusion

- Hotel EARLY check in & LATE check out
- Peak season surcharge & compulsory dinner at the hotel (if any)
- International flights with taxes
- Vietnam Visa (above 6 months passport Valid & 3 clear-page require)
- Travel Insurance
- Tips, laundry and gratuities
- Meals not marked on itinerary, and water during meals

Cancellation Policy

- Cancellation received before 60 days: FREE of charge
- Cancellation received from 30 days to 59 days prior arrival date: 10% of total rate
- Cancellation received from 15 days to 29 days prior arrival date: 30% of total rate
- Cancellation received from 7 days to 14 days prior arrival date: 50% of total rate
- Cancellation received less than 7 days prior arrival date or No show: 100% of total rate

Children Policy

- The rate for children applicable for one child sharing a twin or double cabin with two adults.
- For infants (<04 years old): FOC except for domestic flight tickets.
- 04 - under 11 years old without bed: 50% adult rate.
- 04 - under 11 years old with extra bed: 75% adult rate.
- 04 - under 11 years old in twin share: 90% adult rate.
- From 11 years old: count as an adult.

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Best Rate Guaranteed

Local consultants with rich of knowledge will give you the most suitable itineraries for you.

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